



St Martin's CE Primary PSHE Overview
Mental Health learning opportunities are included throughout the school each term.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Reception	Being Me in My World	Celebrating Difference Including Anti-Bullying Week	Dreams and Goals <i>Including Children's Mental Health Week</i>	Healthy Me Including Drugs awareness (as medicine)	Relationships	Changing Me Including Sex Education
Year 1	Being Me in My World	Celebrating Difference Including Anti-Bullying Week	Dreams and Goals <i>Including Children's Mental Health Week</i>	Healthy Me Including Drugs awareness (as medicine)	Relationships	Changing Me Including Sex Education
Year 2	Being Me in My World	Celebrating Difference Including Anti-Bullying Week	Dreams and Goals <i>Including Children's Mental Health Week</i>	Healthy Me Including Drugs awareness (as medicine)	Relationships	Changing Me Including Sex Education
Year 3	Being Me in My World	Celebrating Difference Including Anti-Bullying Week	Dreams and Goals <i>Including Children's Mental Health Week</i>	Healthy Me Including Drugs awareness	Relationships	Changing Me Including Sex Education
Year 4	Being Me in My World	Celebrating Difference Including Anti-Bullying Week	Dreams and Goals <i>Including Children's Mental Health Week</i>	Healthy Me Including Drugs awareness	Relationships	Changing Me Including Sex Education
Year 5	Being Me in My World	Celebrating Difference Including Anti-Bullying Week	Dreams and Goals <i>Including Children's Mental Health Week</i>	Healthy Me Including Drugs awareness	Relationships	Changing Me Including Sex Education
Year 6	Being Me in My World	Celebrating Difference Including Anti-Bullying Week	Dreams and Goals <i>Including Children's Mental Health Week</i>	Healthy Me Including Drugs awareness	Relationships	Changing Me Including Sex Education